# Sylvia Groves

President and Creative Director Governance Studio

#### Profile

Sylvia Groves is a governance expert, author, professional speaker and board effectiveness consultant.

She shares front-line stories and no-nonsense practical advice drawn from over 20 years of award-winning governance work and board chair experience. Her audiences are engaged, the debates are lively and the learnings are indispensable.

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Sylvia is consistently rated as a top speaker at every event she facilitates.

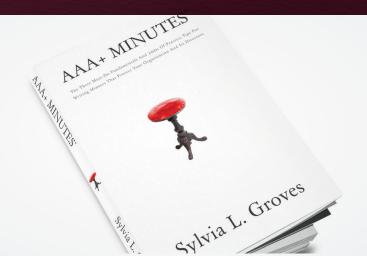
She is the founder of Governance Studio, a firm dedicated to Adding Value to Every Seat at the Boardroom Table™. The firm works exclusively with organizations that seek to apply good governance practices as a fundamental way to add value.

Through her business, speaking engagements and writing, Sylvia has helped 1000s of corporate secretaries and directors enhance the effectiveness of their boards and their organizations.

#### Author

AAA+ Minutes™ — The three must-do fundamentals and 100s of practice tips for writing minutes that protect your organization and its directors

Visit www.GovernanceStudio.ca/shop to buy



### Select Past Audiences

- Corporate Governance Awards (US) emcee
- Canadian Board Diversity Council education sessions
- Canadian Corporate Counsel Association national conference
- Institute of Corporate Directors special events
- National Directors Institute (US) national conference
- Canadian Society of Corporate Secretaries national conference and special events
- Corporate Secretary Magazine Canada Think Tank
- Institute of Chartered Secretaries, Canada, symposium and special events
- Canadian Investor Relations Institute national conference and special events

## Available Half Day Sessions (3 to 4 hours)

- The Director Cycle Recruiting, Orienting, Evaluating and Retiring Board Members
- AAA+ Minutes™, Meetings and More From Agendas to Minutes and Back Again
- A Newbies' Guide to Being a Corporate Secretary Key Roles and Responsibilities
- A Newbies' Guide to Being a Director Governance Essentials for First Time Directors

#### **Individual Topics**

Each of these topics is customized to fit the audience (from individual boards to national conference audiences) and the schedule of the event (from 45 minutes to 2 hours).

- Directors' Roles and Responsibilities
- Corporate Secretary Roles and Responsibilities
- Top Ten Ways We Let Our Directors Down
- Minutes Basics
- Board Meeting Basics
- Implementing Governance Frameworks
- Shareholder Engagement
- Director Recruiting
- Building a Board Skills Matrix
- Director Succession
- Director Orientations
- Board Evaluations
- Board Diversity
- Proxy Voting System Challenges
- Shareholder Democracy
- Governance Hot Topics
- Proxy Disclosure Best Practices
- Plain Language Proxy Circulars

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#### Quotes

"Sylvia has a gift for making things clear and straightforward. Very good for some of the challenges I'm facing right now."

"A note of thanks for providing such an engaging and interesting presentation the information provided is invaluable!"

"Sylvia got me excited. She was energetic, fun and motivating. Her slides illustrated her ideas and concepts instead of being her ideas and concepts."